



ACADEMY OF PROFESSIONAL  
HIGHER EDUCATION

in Odense, Denmark

# Pre Arrival Guide for International students

Your guide to a successful Arrival

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## Introduction

Dear Student

The aim of this pre-arrival guide is to help you get a successful arrival as well as a successful study start at Lillebaelt Academy of Higher Professional Education. It contains important information for you in order to be well prepared for living in Denmark. Please read this guide before leaving your home country.

This is only a guideline and it is your responsibility to make sure that everything is prepared from your side in order to be ready to start on your course at the appointed starting date. You will of course still have many questions about your responsibilities during your stay in Denmark. You are always welcome to contact the staff at Lillebaelt Academy of Higher Professional Education. We will help you with your questions.

We know that to some students it is a BIG step to travel to a foreign country to study. You have to prepare yourself together with family and friends on this challenge. Discuss what it will be like to be in charge of you own household in a foreign country.

Please make sure that you have your financial support in place and what the monthly and annual costs are going to be during the study period. A part time job is not guaranteed in Denmark and will NOT pay all your expenses and working a lot part time and studying at the same time is very hard.

Welcome to Lillebaelt Academy of Professional Higher Education

Jens Mejer Pedersen  
Principal

## **Preparing to leave home and family**

Before leaving your home and your family, there are a lot of things you will need to arrange. To assist you with your preparations, we have made this checklist.

### **Your initial money and your transport to Denmark**

- Check with your bank to get an international credit card to use in Denmark.
- If you do not have an international credit card, be sure to bring an amount equivalent to 1000 EURO in cash, so that you can survive in Denmark at least one month, until you have opened a bank account here.
- Danish money is called "kroner" or DKK. Please bring at least 1,000 DKK in cash for your first days in Odense.
- You should book your flight in due time in order to arrive in Denmark before the starting date of your study programme.
- If possible book a direct flight to Copenhagen Airport. If you do not fly directly, there is a bigger risk of losing your luggage.
- From Copenhagen it is very easy to get to all campuses of the academy by train in a short time.

## **Documents required for travel**

***(Make sure you carry them in your hand luggage)***

- Passport and residence permit (EU and EEA do not need visa)
- Flight ticket
- Medicine Certificate – if you use any kind of medicine
- Your Final Admission Letter

## **Things required for travel**

***(Make sure you carry them in your hand luggage)***

- Money
- Mobile phone. Please check that your mobile phone is NOT SIM locked to your country, and that it is set for international roaming.
- Bring 3 coloured passport-sized photographs of yourself
- A list of items carried in your main luggage
- Address book with contact details of your friends and family
- Power plug adapter. Your system to Danish system converter plug adapter.

## **Your main luggage**

- You need to check with your airline company to find out how many kilograms of luggage (main and hand luggage) you may bring with you, when flying to Denmark.
- Do not bring prohibited items with you. This will cause trouble with airport customs.
- Make sure your luggage is strong, secure and labelled with your name and destination. Make sure that you are able to carry the bags that you will bring. If possible, use a suitcase with wheels or a trolley.
- Do not pack too many heavy things. Books, clothing, stationery, bedding, towels, toiletries, etc. may be purchased in shops in Odense.
- Clothing – We advise you to bring light to medium weight clothing which enables you to wear several layers at once. You should also bring a waterproof coat or jacket, waterproof shoes, one warm sweater and one warm coat.

The average temperature in Denmark is 5 degrees for the winter and 21 degrees for the summer.

- February is the coldest month of the year with an average temperature of -0.4 degrees Celsius, and July is the warmest with an average of 16.6 degrees Celsius - a typical inland climate. However, there may be shorter periods of cold weather down to -5 to -10 degrees Celsius and periods of warm weather up to 30 degrees Celsius.
- Please bring a blanket and a pillow to use for the first night. You can buy duvets and pillows in Odense.

### **The first month you will need money for:**

As mentioned earlier in this guide you need an amount to pay your expenses the first month in Denmark. Expenses are e.g.:

- Money for food
- Bus card. You can also use cash in the busses until obtaining a bus card.
- Bicycle
- Pocket money
- SIM card
- Books, if you are not a tuition fee paying student or an ERASMUS student

### **We will inform you further about the following issues upon your arrival**

- Health insurance and other insurance. It is your obligation to ensure that you are health insured until you get the Danish health insurance. This procedure may last up to two months. As an EU citizen you need to bring your blue EU card.
- Registration with the Danish authorities.
- Transportation: Bus card and how to get a second-hand bicycle. You may not expect to get discount on the Bus card.
- Telephone SIM card

## Starting on the program

The first week will be a mix of

- Introduction to Lillebaelt Academy of Professional Higher Professional Education, the campus and the city
- Solving practical questions
- Normal lessons
- Introduction to the IT system at the campus

## Train your English every day

- Train and improve your English language at least 30 minutes every day. Use e.g. [www.talkenglish.com](http://www.talkenglish.com)

**We are looking forward to welcoming you at Lillebaelt Academy of Professional Higher Education.**

## Contact information at the campuses

- **Marketing Management** and **International Sales and Marketing:**  
LILLEBAELT Campus Tietgen Business College  
Nonnebakken 9, DK-5000 Odense C, phone +45 65 45 21 40
- **Multimedia Designer** and **Web Development**  
LILLEBAELT Campus SDE Munkebjergvej  
Munkebjergvej 130, DK-5230 Odense M, phone +45 63 12 68 06

[www.eal.dk/international](http://www.eal.dk/international)